WOODWARD CHILDREN'S CENTER - BREAKFAST MENU – January 2025

| Monday | 5 Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|--|
| throughout the menu. <u>Menu Plan</u> : Components And portions served in accordance with USDA regulations. | | 1 Happy New Year! School Closed | 2 Breakfast Burrito Fruit choice Fruit juice Milk choice | 3 Homemade scramble eggs w/roll Fruit choice Fruit juice Milk choice |
| 6 Homemade scramble eggs w/roll Fruit choice Fruit juice Milk choice | 7 WG Bagel w/I. Cream Cheese Fruit choice Fruit juice Milk choice | 8 Homemade pancakes W/I syrup Fruit choice Fruit juice Milk choice | 9 Yogurt WG bagel w/cc Fruit choice Fruit juice Milk choice | 10 Homemade scramble eggs w/roll Fruit choice Fruit juice Milk choice |
| 13 Homemade scramble eggs w/roll Fruit choice Fruit juice Milk choice | 14 Muffin Cheese Stick Fruit choice Fruit juice Milk choice | 15 Homemade pancakes W/I syrup Fruit choice Fruit juice Milk choice | 16 Breakfast Burrito Fruit choice Fruit juice Milk choice | 17 Homemade scramble eggs w/roll Fruit choice Fruit juice Milk choice |
| 20 School Closed Martin L. King Jr. | 21 WG Bagel w/I. Cream Cheese Fruit choice Fruit juice Milk choice | 22 Homemade pancakes W/I syrup Fruit choice Fruit juice Milk choice | 23 Yogurt WG bagel w/cc Fruit choice Fruit juice Milk choice | 24 Homemade scramble eggs w/roll Fruit choice Fruit juice Milk choice |
| 27 Homemade scramble eggs w/roll Fruit choice Fruit juice Milk choice | 28 Muffin Cheese Stick Fruit choice Fruit juice Milk choice | 29 School Closed Lunar New Year | 30 Yogurt WG bagel w/cc Fruit choice Fruit juice Milk choice | 31 Homemade scramble eggs w/roll Fruit choice Fruit juice Milk choice |

| All students will receive free Breakfast for School Year 2024-2025 Please encourage your child to eat the school breakfast | Breakfast is the most important meal of the day. |
|--|---|
| Available with daily breakfast: Fat free white and chocolate milk -Assorted 100% fruit juice -Assorted cold cereals – fruit choices | A balanced meal in the |
| Breakfast Meals include the following components: | morning will give a child the energy and nutrition |
| -Milk selection -Grain selection -Fruit selection -Juice selection | needed for the day. |
| Students are required to choose at least 3 of the above choices | Menu subject to changes |
| This institution is an equal opportunity provider and employer. | |
| | |