

WOODWARD CHILDREN'S CENTER - LUNCH MENU January 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Whole Grains offered throughout the menu. Menu Plan: Components And portions served in accordance with USDA regulations.</p>		<p>1</p> <p>Happy New Year! School Closed</p>	<p>2</p> <p>Chicken Nuggets Baked Fries Peach Slices Choice of Fat Free Milk</p>	<p>3</p> <p>WG Cheese Pizza Tossed Salad Fruit Cocktail Choice of Fat Choice of Fat Free Milk</p>
<p>6</p> <p>Chicken Fajita w/rice and veggies Peach Slices Choice of Fat Free Milk</p>	<p>7</p> <p>Turkey Burger with Baked fries Mix Veggies Pineapple Tidbits Choice of Fat Free Milk</p>	<p>8</p> <p>Chili con Carne Tortilla Chips String Beans Peach slices Choice of Fat Free Milk</p>	<p>9</p> <p>Warm Fish Sandwich Mix Veggies Mandarin Slices Choice of Fat Free Milk</p>	<p>10</p> <p>English Muffin Pizza Tossed Salad Fruit Cocktail Choice of Fat Free Milk</p>
<p>13</p> <p>Chicken Patty Sweet Potato Fries Mix Veggies Fruit Cocktail Choice of Fat Free Milk</p>	<p>14</p> <p>Twin Taco's with With C/L/T Black Beans Chilled Peaches Choice of Fat Free Milk</p>	<p>15</p> <p>Barbecue Chicken White Rice Peas and Carros Mandarin Slices Choice of Fat Free Milk</p>	<p>16</p> <p>Chicken Strips Mix Veggies Tossed salad Pear Slices Choice of Fat Free Milk</p>	<p>17</p> <p>WG Cheese Pizza Tossed Salad Fruit Cocktail Choice of Fat Choice of Fat Free Milk</p>
<p>20</p> <p>School Closed Martin L. King Jr.</p>	<p>21</p> <p>Meatball hero Tossed Salad Fresh Fruit Choice of Fat Free Milk</p>	<p>22</p> <p>Nachos w/ Ground Meat Black Beans Pear slices Choice of Fat Free Milk</p>	<p>23</p> <p>Arroz con Pollo Sweet Plantains Fresh Fruit Choice of fat Free Milk</p>	<p>24</p> <p>English Muffin Pizza Tossed Salad Fruit Cocktail Choice of Fat Free Milk</p>
<p>27</p> <p>Spaghetti and Turkey meatballs Romaine salad Garlic bread Peach Slices Choice of Fat Free Milk</p>	<p>28</p> <p>Homemade Lasagna With Ground meat WG Garlic Roll Tossed Salad Mandrin Slices Choice of Fat Free Milk</p>	<p>29</p> <p>School Closed Lunar New Year</p>	<p>30</p> <p>Meatloaf Mash Potatoes String Beans Mandarin Slices Choice of Fat Free Milk</p>	<p>31</p> <p>WG Cheese Pizza Tossed Salad Fruit Cocktail Choice of Fat Choice of Fat Free Milk</p>

All students will receive free Breakfast for School Year 2024-2025

Please encourage your child to eat the school lunch

Lunches Includes: Choice of Chocolate or white Fat Free Milk

Sandwiches Available Daily: -Ham and Cheese on Whole Grain Bread -Turkey and Cheese on Whole Grain Bread

-Peanut Butter and Jelly Sandwich on WG Bread

This institution is an equal opportunity provider and employer.

**A student full lunch includes
a choice of entree,
vegetable, fruit and milk**

**MENUS ARE SUBJECT TO
CHANGES**